



# Ratby Primary School

*Inspiring a love of learning*



Headteacher: Mrs Lisa Jones

Deputy Headteacher: Mrs Clare Astill    Assistant Headteacher: Mrs Kayleigh Denton

9<sup>th</sup> March 2023

Dear Parents/Guardians,

## Swimming Lessons - Year 6 Children

We would like to give the children in Year 6 the opportunity to take swimming lessons with the aim that by the end of the sessions all children can swim up to 25m unaided (as set out in the National Curriculum for PE). We have been fortunate to have been allocated a Friday morning at Braunstone Leisure Centre. Our first session is on Friday 21<sup>st</sup> April 2023 and our final session will take place on Friday 7<sup>th</sup> July 2023.

We are able to use a proportion of our PE & Sports Grant to help us significantly reduce the cost of the lessons, therefore the total cost of the lessons will be £18.60 per child. This will need to be paid by Wednesday 29<sup>th</sup> March. If your child benefits from Pupil Premium then this cost can be paid from that funding. Please check with the office to ensure you have enough money left.

Payments should be made using our online Arbor system.

## Unfortunately if not enough voluntary contributions are received, we may have to cancel these swimming lessons.

Please note that if your child is in school but not swimming they will still go to the swimming pool with the rest of the class as there is no supervision available for children left behind. Unfortunately, if your child is unable to attend any session we are unable to give a refund as we still have to 'block-book' to obtain discounts to cover the cost of the coach, swimming instructors and the hire of the swimming pool.

Please find enclosed a copy of our swimming guidelines which we would like you to discuss with your child so that they feel comfortable about the swimming course. If your child suffers from Asthma or Eczema could you please indicate on the reply slip.

Would you please fill in the slip below so that we can use the information for initial grouping etc. and return this to school by Wednesday 15<sup>th</sup> March. We shall, of course, carry out our own assessments to ensure that your child is placed in an appropriate group. If you would like to discuss alternative payment options please call into the office; all discussions or queries will be dealt with in the strictest of confidence.

Thank you

Year 6 Teachers



Ratby Primary School is a part of  
BRADGATE EDUCATION PARTNERSHIP  
Company number **08168237**  
Trust Offices, Wreake Valley Academy  
Parkstone Road, Syston, Leicester, England,  
LE7 1LY

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## Swimming Guidelines

We know that children at Ratby are fantastic, but please remember to:

- Wear seatbelts on the coach
- Tie back your hair if it is long or wear a swimming hat
- Take any treatments you need for asthma or eczema
- Bring a large bag to put all belongings in (including coat and shoes)
- Line up in single sex lines at the baths

Remember for Health and Safety Reasons you:

- Must not wear earrings or jewellery and should leave any watches at school
- Must read, sign and return the guidance letter ('Safety information for parents regarding the use of swimming goggles' - available from the School office) before being allowed to wear goggles

**Unfortunately, we will not normally have time for a shower after swimming. Please discuss special arrangements with your teacher if necessary. We obviously don't need to tell you to listen carefully to the instructors and be polite because we know that you already are.**



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## Swimming Lessons Reply Slip

Child's Name: \_\_\_\_\_ Class: \_\_\_\_\_

I give permission for my child to take part in swimming lessons and confirm the following:

Does your child attend regular swimming lessons? \_\_\_\_\_

If you do, how often do they go? \_\_\_\_\_

If so, what grade/level are they currently working towards \_\_\_\_\_

Does your child feel confident in the water? \_\_\_\_\_

Will your child swim unassisted with a flotation device? \_\_\_\_\_

Can your child jump into the pool independently? \_\_\_\_\_

Can your child front and back float independently? \_\_\_\_\_

Will your child put his/her face under water, without any help? \_\_\_\_\_

Does your child swim underwater? Is your child comfortable out of their depth? \_\_\_\_\_

Can your child tread water for 30 seconds? \_\_\_\_\_

Can your child swim competently, confidently and proficiently over a distance of at least 25 metres? \_\_\_\_\_  
*They should be able to swim continuously for 25 metres without undue stress using a stroke that is as strong at the end as at the start of the distance in water greater than shoulder depth.*

Can your child use a range of strokes effectively? \_\_\_\_\_  
*For example, Alternative strokes: Front Crawl, Backstroke; Simultaneous Strokes: Breaststroke, Butterfly*

Can your child perform safe self-rescue in different water-based situations? \_\_\_\_\_  
*For example, enter and exit the water safely (jump in and using ladders to get out); tread water and keep themselves afloat; swim back to the side*

My child does / does not suffer from Asthma / Eczema (please circle one)

Signed by the Person with Parental Responsibility \_\_\_\_\_



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