

Central Autumn  
Winter Menu 2024  
2025

WEEK ONE

28/10/2024  
18/11/2024  
09/12/2024  
13/01/2025  
03/02/2025  
03/03/2025  
24/03/2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Option one</b>	<b>NEW</b> Tomato & Vegetable Pasta	Cottage Pie with Gravy	<b>CHICKEN SHACK</b> Peri Peri <b>Chicken**</b> or	Meatballs in Tomato Sauce with Rice	Salmon and Cod Fishfingers with Chips & Tomato Sauce
<b>Option two</b>	Mexican Fajitas with Rice	<b>NEW</b> Creamy Chickpea and Coconut Curry with Rice	Quorn with Diced Seasoned Potatoes & Sweetcorn Salsa	<b>NEW</b> Cheese and Broccoli Pasta with Garlic Bread	Vegan Sausage Roll with Chips & Tomato Sauce
	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
<b>Dessert</b>	Blackberry and Apple Crumble with Custard	Melting Moment Biscuit	Fruit Platter	Carrot and Courgette Cake	Chocolate Orange Cookie

WEEK TWO

04/11/2024  
25/11/2024  
16/12/2024  
20/01/2025  
10/02/2025  
10/03/2025  
31/03/2025

<b>Option one</b>	Classic Cheese and Tomato Pizza	<b>NEW Chicken**</b> Pasta Bake with Garlic Bread	Pork Sausage and Mash with Gravy	<b>Chicken**</b> Tikka Masala with Rice	<b>NEW</b> Fishfingers with Chips & Tomato Sauce
<b>Option two</b>	Or Rainbow Pizza With Potato Wedges	Chinese Vegetable Curry with Rice	Vegan Sausage and Mash with Gravy	<b>NEW</b> Mild Mexican Chilli with Rice	Cheese and Tomato Quiche with Chips & Tomato Sauce
	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
<b>Dessert</b>	Marble Sponge Cake with Custard	Jelly with Mandarins	Fruit Medley	Peach Cake	Oaty Cookie

WEEK THREE

11/11/2024  
02/12/2024  
06/01/2025  
27/01/2025  
24/02/2025  
17/03/2025  
07/04/2025

<b>Option one</b>	Macaroni Cheese	<b>NEW</b> Mild Caribbean <b>Chicken**</b> with Rice and Peas	Gammon Roast of the Day with Stuffing, Roast Potatoes and Gravy	Spaghetti Bolognaise	Breaded Fish with Chips & Tomato Sauce
<b>Option two</b>	Plant Balls in Tomato Sauce with Rice	<b>NEW</b> Caribbean Butterbean Stew with Rice and Peas	Vegan Cottage Pie with Gravy	<b>NEW</b> Hot Pot Baked Bean Casserole with Rice	Cheese and Pepper Omelette with Chips & Tomato Sauce
	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
<b>Dessert</b>	Chocolate and Beetroot Brownie	Sticky Toffee Apple Crumble with Custard	Fruit Salad	<b>NEW</b> Iced Biscuit	Vanilla Shortbread

MENU KEY

Added Plant Power Wholemeal Vegan

Available Daily: Freshly cooked Jacket potatoes with a choice of fillings.  
Fresh Bread – Salad Selection – Fresh Fruit and Yoghurt

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.