

Thursday 18<sup>th</sup> June 2026

Dear Parents and Carers,

At Ratby Primary School, we are committed to providing all pupils with a well-planned Personal, Social, Health, Economic (PSHE) and Relationship and Sex Education (RSE) programme to enable them all to acquire the knowledge, understanding, skills and strategies they need to develop in life.

### What is PSHE and RSHE Education?

While PSHE is not a statutory subject in its own right, From September 2021, Relationships, Sex (National Curriculum for Science) and Health Education are statutory elements of PSHE and schools deliver a comprehensive PSHE programme to meet its legal duties and support pupils' personal development. This is taught from entry into school and covers content such as values, social and life skills needed to enable them to develop into responsible adults. There are three strands which are taught as part of PSHE in schools; Living in the Wider World, Health and Wellbeing and Relationships. New guidance has been released regarding its content from September 2026.

### What is Sex Education?

For clarity, in primary schools, the National Curriculum for Science covers some factual information that is compulsory for children to learn. In KS1, this is recognising the correct names for body parts whilst in KS2, children are taught human reproduction (upper primary science Year 5 and 6) and learn about puberty and hygiene.

**Please note:** Parents and carers do have the right to withdraw their child from those elements of sex education that are not statutory however those that link to the National Curriculum for Science (above) are statutory and cannot be withdrawn from. We would urge any parents and carers considering withdrawing their child from these lessons to consider what is being taught, how it is being taught and how important this education is for all children.

### New RSHE guidance 2026 – Parent Consultation

We would like to take this opportunity to share with you that the guidance for RSHE will be changing from September 2026 (please see summary page). It is considered really good practice to review a school's provision as part of this change. We feel it is very important that parental views are taken into account and would like to encourage parents and carers to view our draft PSHE and Relationships Education Policy which is on the school website.

<https://www.ratby.bepschools.org/information/policies>



# Ratby Primary School

*Inspiring a love of learning*



**Headteacher:** Mrs Anne Perry

**Deputy Headteacher:** Mrs Clare Astill    **Assistant Headteacher:** Mrs Kayleigh Denton

We believe it is important to have a strong partnership with parents and carers and will always communicate what is being taught and when. Our Relationship Education is fully inclusive and is taught to meet the needs of all our pupils.

We would very much appreciate your support by asking you to take part in a short survey by following the link below. This will give us the opportunity to further identify where we might need to focus our curriculum in more detail or support our parents and community. Please submit your responses by 25<sup>th</sup> June, ideally completing one per child.

[Relationship and Sex Education \(RSE\) Parent Consultation 2026 – Fill in form](#)

Finally, we would like to say that teaching children about the wonderful differences among humans has always been considered an important privilege by our teachers. All children are unique and special; sharing talents, celebrating diversity within cultures, religions and different family structures is vital as a whole school approach. Our lessons will encourage understanding, acceptance and respect of different relationships from a young age.

We would like to thank you for your continued support and if you have any further queries or concerns or for those parents wishing to **discuss the objectives taught, see samples of the lesson content or clarify any further aspects of the curriculum**, please do not hesitate in contacting the school where we will be more than happy to help and arrange an appointment or meeting prior to teaching the new content from September.

Thank you for your support.  
Nicola Clarke  
PSHE Co-ordinator



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